

|       |
|-------|
| 10km  |
| 09:30 |

|    | 1º Atleta | Pelotão  | Último   |
|----|-----------|----------|----------|
| Km | 00:03:15  | 00:05:00 | 00:09:30 |
| 1  | 00:03:15  | 00:05:00 | 00:09:30 |
| 2  | 00:06:30  | 00:10:00 | 00:19:00 |
| 3  | 00:09:45  | 00:15:00 | 00:28:30 |
| 4  | 00:13:00  | 00:20:00 | 00:38:00 |
| 5  | 00:16:15  | 00:25:00 | 00:47:30 |
| 6  | 00:19:30  | 00:30:00 | 00:57:00 |
| 7  | 00:22:45  | 00:35:00 | 01:06:30 |
| 8  | 00:26:00  | 00:40:00 | 01:16:00 |
| 9  | 00:29:15  | 00:45:00 | 01:25:30 |
| 10 | 00:32:30  | 00:50:00 | 01:35:00 |

|    | 1º Atleta | Pelotão  | Último   |
|----|-----------|----------|----------|
| Km | 00:03:15  | 00:05:00 | 00:09:30 |
| 1  | 09:33:15  | 09:35:00 | 09:39:30 |
| 2  | 09:36:30  | 09:40:00 | 09:49:00 |
| 3  | 09:39:45  | 09:45:00 | 09:58:30 |
| 4  | 09:43:00  | 09:50:00 | 10:08:00 |
| 5  | 09:46:15  | 09:55:00 | 10:17:30 |
| 6  | 09:49:30  | 10:00:00 | 10:27:00 |
| 7  | 09:52:45  | 10:05:00 | 10:36:30 |
| 8  | 09:56:00  | 10:10:00 | 10:46:00 |
| 9  | 09:59:15  | 10:15:00 | 10:55:30 |
| 10 | 10:02:30  | 10:20:00 | 11:05:00 |