

AFTER THE FLOOD

- Conduct a quick inspection of your home. If it appears to be at risk of collapsing, leave immediately.
- If there was an evacuation, return only after being instructed to do so.
- Do not touch fallen electrical wires. You could be electrocuted.
- Be particularly cautious with electrical or gas-powered equipment if they were affected by the flood. Call a technician to inspect them.
- Check the condition of any flammable or toxic substances you may have at home.
- Dispose of food (even packaged) and medications if they came into contact with floodwater.
- Drink only bottled or boiled water.
- Begin cleaning your home from the highest areas.
- Do not walk barefoot. Use protective footwear (hard soles and non-slip).
- Assist the public cleaning crews in their work.

STAY INFORMED, ESPECIALLY IF YOU LIVE IN A REGION PRONE TO FLOODING, AND TAKE THE NECESSARY ACTIONS TO PROTECT YOURSELF, YOUR FAMILY, AND YOUR PROPERTY.

COLLABORATE CIVIL PROTECTION STARTS WITH YOU



USEFUL CONTACTS



PREVENT PLAN RESCUE

Municipal Civil Protection Service of Almada
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Floods
Self-Protection



CMA CÂMARA MUNICIPAL DE ALMADA

Some floods can be predicted through the analysis of weather conditions, water levels in rivers, and dams.

However, heavy and sudden rains usually do not provide enough time to warn the population.

To minimize material losses or even human casualties, especially those living in risk areas should stay informed about the proper procedures to enhance safety.

SELF-PROTECTION MEASURES

Before the Flood:

- 1 Identify high points where you can take refuge.
- 2 Make a small list of important items to take in case of evacuation.
- 3 Prepare an Emergency Kit with a dynamo radio and flashlight, first aid materials, essential medications, and warm clothing.
- 4 Always have a supply of potable water and dry food sufficient for two to three days, including extra food and water for pets.
- 5 Keep your yard or garden clean, especially in autumn due to falling leaves.
- 6 Prepare a metal or wooden barrier for the front door.

When a Flood is Imminent:

- 1 Pack important documents and personal items in a plastic bag.
- 2 Keep an Emergency Kit close at hand.
- 3 Move food and valuable items to the highest points in the house.



- 4 Release pets; they can take care of themselves.
- 5 Move livestock to safe areas.
- 6 Secure and store in a safe place any containers with pollutants or toxic products (insecticides, pesticides, etc.).
- 7 Place a barrier at the entrance of your house.
- 8 Remove objects from the yard or garden that could be swept away by the water and block drainage systems.

During the Flood:

- 1 Be quick but stay calm.
- 2 Provide support to those who need it most (children, the elderly, or the disabled).
- 3 Turn off the water, gas, and electricity.
- 4 Drink only bottled water.
- 5 Do not eat food that has come into contact with floodwater.
- 6 Do not walk barefoot.
- 7 Avoid going to the most affected areas out of curiosity.



In Case of Evacuation:

- 1 Don't waste time. Follow the instructions given to you.
- 2 Take your documents (ID card, citizen card, social security card, etc.), as well as cash or other means of payment.
- 3 Bring essential personal belongings, the Emergency Kit, a bottle of water, and dry, packaged food. Lock the exterior doors.